

# AUGUST/SEPTEMBER FOOD WORKSHOPS



**Spanakopita Workshop**  
Aug. 1 - 3 and 15 - 17 (W-F)  
Wed & Thurs at 4:30 PM  
Fri at 9 AM  
Led by: Monica & Alexa Vafiades  
[monica.vafiades@gmail.com](mailto:monica.vafiades@gmail.com)



**Moussaka Workshop**  
Aug. 20, Mon, 9 AM to 5 PM  
Led by: Maria Neyland  
[jmneyland@verizon.net](mailto:jmneyland@verizon.net)



**Pastitsio Workshop**  
Aug. 23, Thurs, at 5:30 PM  
Aug. 24, Fri, 9 AM to 5 PM  
Led by: Elizabeth De La Torre & mom  
[elizabeth.delatorre@newbalance.com](mailto:elizabeth.delatorre@newbalance.com)



**Dolmades Workshop**  
Aug. 25, Sat, at 10 AM  
Led by: Maria Zallas and Mary Murray  
[zallas.maria@gmail.com](mailto:zallas.maria@gmail.com)



**Baklava Workshop**  
Sept. 17, Mon, at 9 AM  
Led by: Cleo Rizos  
[decarizfam@gmail.com](mailto:decarizfam@gmail.com)

**Please email the workshop leader if you can help!**

**Come meet new friends**

**and lend a hand**

**to prepare our festival menu items!**